

ANNEXURE B

HIV/ AIDS TRAINING FRAMEWORK

1. Basic info on HIV/ Aids
 - What is HIV/ Aids
 - History and background of HIV/ Aids
 - Transmission
 - Symptoms and diseases

2. Prevention
 - Skills, attitudes and values regarding behaviour change
 - Sexuality and culture patterns
 - Handling blood and blood products including universal precautions
 - Contraception and condom usage

3. Management of HIV/ Infection
 - Diagnosis, methods of testing and kinds of testing
 - Nutrition, stress management, psychosocial intervention, exercise
 - Anti-retroviral drugs and prophylaxis
 - Breastfeeding and HIV

4. Legal and ethical issues

- Testing and confidentiality
- Right to medical treatment
- The right not to be discriminated against
- Right to be educated about HIV/ Aids, Policy and legislation
- Workplace issues, re. HIV/ Aids

5. Care and support for affected / infected

- Basic counselling skills (pre and post test)
- Spiritual emotional and bereavement counselling
- Performance related counselling regarding HIV/ Aids
- Infection management

6. Home-based care

- Basic nursing principles
- Hospice
- Networking in the community