ANNEXURE B

HIV/AIDS TRAINING FRAMEWORK

1. Basic info on HIV/ Aids
   • What is HIV/ Aids
   • History and background of HIV/ Aids
   • Transmission
   • Symptoms and diseases

2. Prevention
   • Skills, attitudes and values regarding behaviour change
   • Sexuality and culture patterns
   • Handling blood and blood products including universal precautions
   • Contraception and condom usage

3. Management of HIV/ Infection
   • Diagnosis, methods of testing and kinds of testing
   • Nutrition, stress management, psychosocial intervention, exercise
   • Anti-retroviral drugs and prophylaxis
   • Breastfeeding and HIV
4. Legal and ethical issues
   • Testing and confidentiality
   • Right to medical treatment
   • The right not to be discriminated against
   • Right to be educated about HIV/ Aids, Policy and legislation
   • Workplace issues, re. HIV/ Aids

5. Care and support for affected / infected
   • Basic counselling skills (pre and post test)
   • Spiritual emotional and bereavement counselling
   • Performance related counselling regarding HIV/ Aids
   • Infection management

6. Home-based care
   • Basic nursing principles
   • Hospice
   • Networking in the community